

Deanwood Aquatics  
(202)-671-3078  
1350 49th St. NE.  
Washington, DC 20019

# July

## Summer 2015



# DPR

DC DEPARTMENT OF PARKS AND RECREATION

Move • Grow • Be Green

## AQUATICS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> 9:00-9:45am Water Aerobics 6:00-6:30pm Adult L2S1 6:45-7:15pm Adult L2S 2 7:15-8:00pm Adult L2S 3	<b>2</b> 7:00-8:00am Deep/Shallow 5:00-5:30pm Child L2S1 5:45-6:15pm Child L2S2 6:30-7:00pm Child L2S3 6:30-7:30pm Aqua Zumba	<b>3</b>  <i>Independence Day (Observed) No Classes</i>	<b>4</b>  <i>Independence Day No Classes</i>
<b>5</b>  9:00-9:45am Water Aerobics 6:00-6:30pm Adult L2S1 6:45-7:15pm Adult L2S 2 7:15-8:00pm Adult L2S 3	<b>6</b> 9:00-9:45am Water Aerobics 6:00-6:30pm Adult L2S1 6:45-7:15pm Adult L2S 2 7:15-8:00pm Adult L2S 3	<b>7</b> 7:00-8:00am Deep/Shallow 5:00-5:30pm Child L2S1 5:45-6:15pm Child L2S2 6:30-7:00pm Child L2S3 6:30-7:30pm Aqua Zumba	<b>8</b> 9:00-9:45am Water Aerobics 6:00-6:30pm Adult L2S1 6:45-7:15pm Adult L2S 2 7:15-8:00pm Adult L2S 3	<b>9</b> 7:00-8:00am Deep/Shallow 5:00-5:30pm Child L2S1 5:45-6:15pm Child L2S2 6:30-7:00pm Child L2S3 6:30-7:30pm Aqua Zumba	<b>10</b> 6:00-6:45pm Water Aerobics BLT	<b>11</b> 9:30-10:00am P&C A 10:15-10:45am P&C B 11:00-11:45am P&C C
<b>12</b>  9:00-9:45am Water Aerobics 6:00-6:30pm Adult L2S1 6:45-7:15pm Adult L2S 2 7:15-8:00pm Adult L2S 3	<b>13</b> 9:00-9:45am Water Aerobics 6:00-6:30pm Adult L2S1 6:45-7:15pm Adult L2S 2 7:15-8:00pm Adult L2S 3	<b>14</b> 7:00-8:00am Deep/Shallow 5:00-5:30pm Child L2S1 5:45-6:15pm Child L2S2 6:30-7:00pm Child L2S3 6:30-7:30pm Aqua Zumba	<b>15</b> 9:00-9:45am Water Aerobics 6:00-6:30pm Adult L2S1 6:45-7:15pm Adult L2S 2 7:15-8:00pm Adult L2S 3	<b>16</b> 7:00-8:00am Deep/Shallow 5:00-5:30pm Child L2S1 5:45-6:15pm Child L2S2 6:30-7:00pm Child L2S3 6:30-7:30pm Aqua Zumba	<b>17</b> 6:00-6:45pm Water Aerobics BLT	<b>18</b> 9:30-10:00am P&C A 10:15-10:45am P&C B 11:00-11:45am P&C C
<b>19</b>  NO CLASSES	<b>20</b> NO CLASSES	<b>21</b> NO CLASSES	<b>22</b> NO CLASSES	<b>23</b> NO CLASSES	<b>24</b> NO CLASSES	<b>25</b> NO CLASSES
<b>26</b>  9:00-9:45am Water Aerobics 6:00-6:30pm Adult L2S1 6:45-7:15pm Adult L2S 2 7:15-8:00pm Adult L2S 3	<b>27</b> 9:00-9:45am Water Aerobics 6:00-6:30pm Adult L2S1 6:45-7:15pm Adult L2S 2 7:15-8:00pm Adult L2S 3	<b>28</b> 7:00-8:00am Deep/Shallow 5:00-5:30pm Child L2S1 5:45-6:15pm Child L2S2 6:30-7:00pm Child L2S3 6:30-7:30pm Aqua Zumba	<b>29</b> 9:00-9:45am Water Aerobics 6:00-6:30pm Adult L2S1 6:45-7:15pm Adult L2S 2 7:15-8:00pm Adult L2S 3	<b>30</b> 7:00-8:00am Deep/Shallow 5:00-5:30pm Child L2S1 5:45-6:15pm Child L2S2 6:30-7:00pm Child L2S3 6:30-7:30pm Aqua Zumba	<b>31</b> 6:00-6:45pm Water Aerobics BLT	<u>Hours of Operation</u> 6:30am-8:00pm(Mon-Fri) 9:00am-5:00pm(Sat-Sun)

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# August

## Summer 2015



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<i>1</i> 9:30-10:00am P&C A 10:15-10:45am P&C B 11:00-11:45am P&C C
<i>2</i>	<i>3</i> 9:00-9:45am Water Aerobics 6:00-6:30pm Adult L2S1 6:45-7:15pm Adult L2S 2 7:15-8:00pm Adult L2S 3	<i>4</i> 7:00-8:00am Deep/Shallow 5:00-5:30pm Child L2S1 5:45-6:15pm Child L2S2 6:30-7:00pm Child L2S3 6:30-7:30pm Aqua Zumba	<i>5</i> 9:00-9:45am Water Aerobics 6:00-6:30pm Adult L2S1 6:45-7:15pm Adult L2S 2 7:15-8:00pm Adult L2S 3	<i>6</i> 7:00-8:00am Deep/Shallow 5:00-5:30pm Child L2S1 5:45-6:15pm Child L2S2 6:30-7:00pm Child L2S3 6:30-7:30pm Aqua Zumba	<i>7</i> 6:00-6:45pm Water Aerobics BLT	<i>8</i> 9:30-10:00am P&C A 10:15-10:45am P&C B 11:00-11:45am P&C C
<i>9</i>	<i>10</i> 9:00-9:45am Water Aerobics 6:00-6:30pm Adult L2S1 6:45-7:15pm Adult L2S 2 7:15-8:00pm Adult L2S 3	<i>11</i> 7:00-8:00am Deep/Shallow 5:00-5:30pm Child L2S1 5:45-6:15pm Child L2S2 6:30-7:00pm Child L2S3 6:30-7:30pm Aqua Zumba	<i>12</i> 9:00-9:45am Water Aerobics 6:00-6:30pm Adult L2S1 6:45-7:15pm Adult L2S 2 7:15-8:00pm Adult L2S 3	<i>13</i> 7:00-8:00am Deep/Shallow 5:00-5:30pm Child L2S1 5:45-6:15pm Child L2S2 6:30-7:00pm Child L2S3 6:30-7:30pm Aqua Zumba	<i>14</i> 6:00-6:45pm Water Aerobics BLT	<i>15</i> 9:30-10:00am P&C A 10:15-10:45am P&C B 11:00-11:45am P&C C
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<i>23</i>	<i>24</i>	<i>25</i>	<i>26</i>	<i>27</i>	<i>28</i>	<i>29</i>

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# June

## Summer 2015



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 9:00-9:45am Water Aerobics 6:00-6:30pm Adult L2S1 6:45-7:15pm Adult L2S 2 7:15-8:00pm Adult L2S 3	1 9:00-9:45am Water Aerobics 6:00-6:30pm Adult L2S1 6:45-7:15pm Adult L2S 2 7:15-8:00pm Adult L2S 3	2 7:00-8:00am Deep/Shallow 5:00-5:30pm Child L2S1 5:45-6:15pm Child L2S2 6:30-7:00pm Child L2S3 6:30-7:30pm Aqua Zumba	3 9:00-9:45am Water Aerobics 6:00-6:30pm Adult L2S1 6:45-7:15pm Adult L2S 2 7:15-8:00pm Adult L2S 3	4 7:00-8:00am Deep/Shallow 5:00-5:30pm Child L2S1 5:45-6:15pm Child L2S2 6:30-7:00pm Child L2S3 6:30-7:30pm Aqua Zumba	5	6
7 9:00-9:45am Water Aerobics 6:00-6:30pm Adult L2S1 6:45-7:15pm Adult L2S 2 7:15-8:00pm Adult L2S 3	8 9:00-9:45am Water Aerobics 6:00-6:30pm Adult L2S1 6:45-7:15pm Adult L2S 2 7:15-8:00pm Adult L2S 3	9 7:00-8:00am Deep/Shallow 5:00-5:30pm Child L2S1 5:45-6:15pm Child L2S2 6:30-7:00pm Child L2S3 6:30-7:30pm Aqua Zumba	10 9:00-9:45am Water Aerobics 6:00-6:30pm Adult L2S1 6:45-7:15pm Adult L2S 2 7:15-8:00pm Adult L2S 3	11 7:00-8:00am Deep/Shallow 5:00-5:30pm Child L2S1 5:45-6:15pm Child L2S2 6:30-7:00pm Child L2S3 6:30-7:30pm Aqua Zumba	12	13
14 9:00-9:45am Water Aerobics 6:00-6:30pm Adult L2S1 6:45-7:15pm Adult L2S 2 7:15-8:00pm Adult L2S 3	15 9:00-9:45am Water Aerobics 6:00-6:30pm Adult L2S1 6:45-7:15pm Adult L2S 2 7:15-8:00pm Adult L2S 3	16 7:00-8:00am Deep/Shallow 5:00-5:30pm Child L2S1 5:45-6:15pm Child L2S2 6:30-7:00pm Child L2S3 6:30-7:30pm Aqua Zumba	17 9:00-9:45am Water Aerobics 6:00-6:30pm Adult L2S1 6:45-7:15pm Adult L2S 2 7:15-8:00pm Adult L2S 3	18 7:00-8:00am Deep/Shallow 5:00-5:30pm Child L2S1 5:45-6:15pm Child L2S2 6:30-7:00pm Child L2S3 6:30-7:30pm Aqua Zumba	19	20
21 9:00-9:45am Water Aerobics 6:00-6:30pm Adult L2S1 6:45-7:15pm Adult L2S 2 7:15-8:00pm Adult L2S 3  Last day of Spring classes	22 9:00-9:45am Water Aerobics 6:00-6:30pm Adult L2S1 6:45-7:15pm Adult L2S 2 7:15-8:00pm Adult L2S 3	23 7:00-8:00am Deep/Shallow 5:00-5:30pm Child L2S1 5:45-6:15pm Child L2S2 6:30-7:00pm Child L2S3 6:30-7:30pm Aqua Zumba	24 9:00-9:45am Water Aerobics 6:00-6:30pm Adult L2S1 6:45-7:15pm Adult L2S 2 7:15-8:00pm Adult L2S 3	25 7:00-8:00am Deep/Shallow 5:00-5:30pm Child L2S1 5:45-6:15pm Child L2S2 6:30-7:00pm Child L2S3 6:30-7:30pm Aqua Zumba	26 6:00-6:45pm Water Aerobics BLT	27 9:30-10:00am P&C A 10:15-10:45am P&C B 11:00-11:45am P&C C
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